



COVID-19 RESOURCE GUIDE FOR SOUTHWEST MICHIGAN

Friends, this is a challenging time for all of us right now. The coronavirus crisis is impacting communities and families here in southwest Michigan and across the country. I truly believe that if we come together and focus on solutions, we will overcome this crisis - just as we have always done. My office has put together this resource guide as a tool to help you, your families, your communities, and your small businesses during this difficult moment in history. If there is anything my office can do help or provide assistance, please contact us by visiting our website at upton.house.gov or by calling our offices at 269-385-0039 or 269-982-1986.

God bless, always.

A handwritten signature in blue ink that reads 'Fred Upton'.

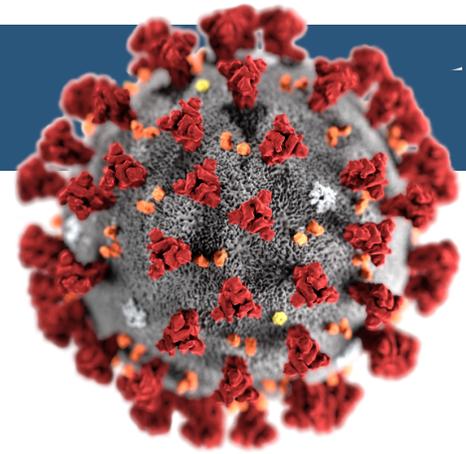
[Top Ten Resources for SW Michigan](#)
[Information on the COVID-19 vaccine](#)
[Information on resources to help small businesses](#)

*****UPDATED ON MARCH 5, 2021*****

upton.house.gov | www.Coronavirus.gov

CORONAVIRUS RESOURCE GUIDE

FROM THE OFFICE OF CONGRESSMAN FRED UPTON



TOP TEN RESOURCES TO KNOW

INFORMATION ABOUT RECEIVING THE COVID-19 VACCINE IN MICHIGAN: WWW.MICHIGAN.GOV/COVIDVACCINE

The demand for a COVID-19 vaccine remains high, but supply remains limited. The state of Michigan offers a website for Michigan residents to learn more about the vaccine, where and when they can get it, and answers frequent questions. [Click here to learn more: www.michigan.gov/COVIDvaccine.](http://www.michigan.gov/COVIDvaccine)

SBA.GOV/CORONAVIRUS

The U.S. Small Business Administration is helping to support small businesses impacted by the coronavirus crisis. If you are a small business owner who needs assistance, visit their website to learn more about the Paycheck Protection Program, EIDL Loan Advances, and other programs available to help small businesses stay open.

STATE OF MICHIGAN HELPLINE: 1-888-535-6136

For questions about the coronavirus or help navigating the state government, please call the state of Michigan helpline at 1-888-535-6136, which is open seven days a week from 8 AM to 5 PM, or email COVID19@michigan.gov. Emails will be answered seven days a week from 8 AM to 5 PM.

CENTERS FOR DISEASE CONTROL AND PREVENTION UPDATES: WWW.CORONAVIRUS.GOV

The federal government continues to share updates and the latest information at www.coronavirus.gov.

SUPPORT AND ADDITIONAL RESOURCES FROM UNITED WAY: WWW.MI211.ORG

Michigan 2-1-1 is an easy way to connect with help of all kinds, right in your community. Need help with food, housing, or paying bills? Need support in a family crisis or community disaster? Just call, text, or search online and we'll get you connected.

APPLY FOR MICHIGAN UNEMPLOYMENT INSURANCE: WWW.MICHIGAN.GOV/UIA

If you need to apply for unemployment, please visit www.michigan.gov/UIA. You can also call over the phone at 866-500-0017. To provide better service, if your last names begins with letters A-L, you are asked to file claims on Mondays, Wednesday, Fridays. If your last name begins with letters M-Z, you are asked to file claims on Sundays, Tuesdays, or Thursdays. Saturdays will be available for anyone to accommodate those who could not file during their allotted window. Please note, the office of Congressman Fred Upton is a federal office. Unemployment benefits are managed by the state of Michigan.



LEARN WHERE TO VOLUNTEER OR DONATE: [MICHIGAN.GOV/FIGHTCOVID19](https://michigan.gov/fightcovid19)

The state of Michigan has a website to connect individuals with volunteer opportunities in their communities during the coronavirus crisis. The state especially needs health care professionals and medical experts. The State of Michigan is collecting donations to address the most pressing needs of Michigan residents during the COVID-19 pandemic. If you are able to volunteer or donate, please visit michigan.gov/fightcovid19.

CDC DISTRESS HELPLINE: [1-800-985-5990](tel:1-800-985-5990) OR TEXT TALKWITHUS TO 66746

The Disaster Distress Helpline, 1-800-985-5990, is a 24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling. Stress, anxiety, and other depression-like symptoms are common reactions during the coronavirus crisis. Call 1-800-985-5990 or text TalkWithUs to 66746 to connect with a trained crisis counselor.

SIGN-UP FOR DAILY @MYKITCHENTABLE EMAIL UPDATES FROM FRED UPTON: [UPTON.HOUSE.GOV](https://upton.house.gov)

Congressman Fred Upton is sending daily email updates while he works at his kitchen table during the coronavirus crisis. These updates include updated resources, critical news, and other valuable information for his constituents in southwest Michigan. You can sign up to receive these updates at upton.house.gov.

GET ASSISTANCE WITH FOOD, HEALTH INSURANCE, AND OTHER NEEDS

The state of Michigan has a website that can help individuals with getting food, health insurance, child care, emergency relief, and other assistance. [Please click here for additional information.](#)

MichiganWORKS! Southwest also provides important resources and information for individuals about unemployment resources, community resources, and other assistance. Their website is www.michiganworkssouthwest.org/COVID-19

**IF YOU NEED ADDITIONAL ASSISTANCE OR HAVE QUESTIONS,
PLEASE CONTACT THE OFFICE OF CONGRESSMAN FRED UPTON**

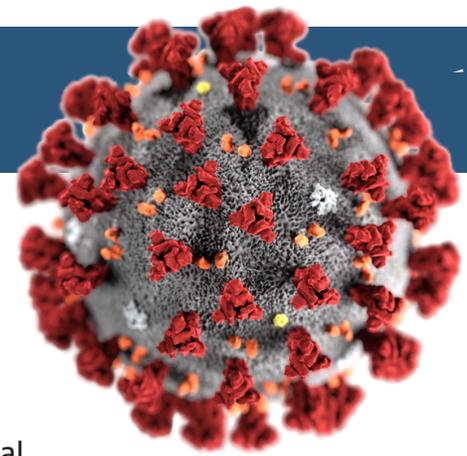
**KALAMAZOO OFFICE
(269) 385-0039**

**ST. JOSEPH/BENTON HARBOR OFFICE
(269) 982-1986**

VISIT [UPTON.HOUSE.GOV](https://upton.house.gov)

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What You Need to Know About the COVID-19 Vaccines

Vaccine distribution is currently in a phased rollout. Supply is limited while demand is high. U.S. Rep. Fred Upton is working with federal, state, and local partners to accelerate the vaccine rollout.

The most recent information about receiving a vaccine in Michigan can be found at [Michigan.gov/covidvaccine](https://www.michigan.gov/covidvaccine). Below is summarized information from the state of Michigan as of **March 5, 2021**.

What to know about vaccine scheduling

AGE 50 AND OLDER

Starting March 8, Michiganders 50 and older with underlying health conditions or disabilities can get COVID-19 vaccinations. A list of underlying health conditions can be [found here](#).

Starting March 22, any Michigander 50 and older can get COVID-19 vaccinations.

Michigan local health departments will schedule vaccinations. You can figure out the name of the local health department for your county [using this map](#). If your local health department is scheduling vaccinations, information is provided below. If your health department is not yet scheduling vaccinations, check back tomorrow as this page will be updated regularly.

ESSENTIAL WORKERS

Eligible frontline essential workers will be notified by their employers about vaccine clinic dates and locations. These workers include school and child care staff, frontline responders, and corrections staff.

EMPLOYERS

The State of Michigan and its partners will be providing information to eligible employers about which types of workers are eligible for vaccination and how these workers can be vaccinated. Employers can check back on this website next week for more information on next steps.

There is limited vaccine in Michigan, so appointments may not yet be available. Please do not go to a clinic for vaccination without an appointment. [You can always check this website for the latest information](#).



Information on the COVID-19 Vaccine

for residents of southwest Michigan

Allegan County

For information on the COVID-19 vaccine from the Allegan County Department of Health, [please click here.](#)

For individuals living or working in Allegan County that want the COVID-19 Vaccine, please provide ACHD with your contact information and your Vaccine Prioritization group. They will notify you when you are able to make your COVID-19 vaccination appointment. [Click here for the vaccination sign-up form.](#)

Berrien County

For information on the COVID-19 vaccine from the Berrien County Health Department, [please click here.](#)

Berrien County offers a COVID-19 Vaccine newsletter so you can get all the latest sent straight to your inbox.

[Sign up for the email newsletter here.](#)

BCHD is administering COVID-19 vaccines based on priority groups determined by MDHHS and subject to vaccine availability. If you are 65+ years or older or 50+ years or older with an underlying health condition, sign-up on this form to be added to a waitlist for the COVID-19 vaccine at BCHD and they will notify you using the contact information provided when they are able to schedule you. [Click here for the vaccination sign-up form.](#)

Cass and Van Buren Counties

For information on the COVID-19 vaccine from the Cass and Van Buren County Health Departments, [please click here.](#)

The Van Buren/Cass District Health Department is administering COVID-19 vaccine based on priority groups determined by MDHHS and subject to vaccine availability. This form determines phase and priority groups for individuals and workplaces and collects contact information. They will notify you using the contact information provided when they are able to schedule you for COVID-19 vaccination, please ensure the information is accurate before submitting. [Click here for the vaccination sign-up form.](#)



Kalamazoo County

For information on the COVID-19 vaccine from the Kalamazoo County Health Department, [please click here.](#)

This is a pre-registration form for individuals 65+ years or older or 50+ years or older with an underlying health condition who are interested in receiving the COVID-19 vaccine. By submitting your information, you are placing your name on a waitlist with the health department. Do not complete this form if you are not 65 years and older or do not live in Kalamazoo County. Your name will be removed from the waitlist if you do not meet the age and county requirement. [Click here for the vaccination sign-up form.](#)

St. Joseph County

For information on the COVID-19 vaccine from the St. Joseph County Health Department, [please click here.](#)

You can schedule an appointment to receive a COVID-19 vaccine through their website. If you are not in the priority group that is currently being vaccinated, please do not try to schedule an appointment. They have a limited supply of vaccine and will do their best to ensure that everyone can get vaccinated as soon as possible. If it isn't your turn yet, please watch our website for dates/times when your priority group can schedule. [Complete the scheduling form here.](#)

ADDITIONAL RESOURCES TO KNOW:

RITE AID COVID-19 VACCINES

You can schedule an appointment to receive a COVID-19 vaccine at your Rite Aid pharmacy. For more information, [please click here.](#)

MEIJER COVID-19 VACCINES

Meijer pharmacies are offering the COVID-19 vaccine. For more information, [please click here.](#)

WHAT TO EXPECT AFTER GETTING THE COVID-19 VACCINES

The CDC has additional information on what individuals can expect after they receive the COVID-19 vaccine. COVID-19 vaccination will help protect you from getting COVID-19. You may have some side effects, which are normal signs that your body is building protection. [Click here for more information.](#)

[FAQs about getting the COVID-19 vaccine in Michigan.](#)





Resources for our small businesses

Paycheck Protection Program First Draw Loans

SBA reopened the Paycheck Protection Program (PPP) for First Draw Loans the week of January 11, 2021. First Draw PPP Loans can be used to help fund payroll costs, including benefits. Funds can also be used to pay for mortgage interest, rent, utilities, worker protection costs related to COVID-19, uninsured property damage costs caused by looting or vandalism during 2020, and certain supplier costs and expenses for operations.

Full Forgiveness Terms

First Draw PPP Loans made to eligible borrowers qualify for full loan forgiveness if during the 8- to 24-week covered period following loan disbursement:

- Employee and compensation levels are maintained;
- The loan proceeds are spent on payroll costs and other eligible expenses; and
- At least 60 percent of the proceeds are spent on payroll costs.

Who Can Apply

Eligible small entities, that together with their affiliates (if applicable), have 500 or fewer employees—including nonprofits, veterans organizations, tribal concerns, self-employed individuals, sole proprietorships, and independent contractors—can apply. Entities with more than 500 employees in certain industries that meet SBA's alternative size standard or SBA's size standards for those particular industries can also apply.

Reapplying and Loan Increases

Existing PPP borrowers that did not receive loan forgiveness by December 27, 2020 may: (1) reapply for a First Draw PPP Loan if they previously returned some or all of their First Draw PPP Loan funds, or (2) under certain circumstances, request to modify their First Draw PPP Loan amount if they previously did not accept the full amount for which they are eligible.

[For additional information on PPP for First Draw Loans, please click here.](#)

Paycheck Protection Program Second Draw Loans

The Paycheck Protection Program (PPP) now allows certain eligible borrowers that previously received a PPP loan to apply for a Second Draw PPP Loan with the same general loan terms as their First Draw PPP Loan. Second Draw PPP Loans can be used to help fund payroll costs, including benefits. Funds can also be used to pay for mortgage interest, rent, utilities, worker protection costs related to COVID-19, uninsured property damage costs caused by looting or vandalism during 2020, and certain supplier costs and expenses for operations.

Full Forgiveness Terms

Second Draw PPP Loans made to eligible borrowers qualify for full loan forgiveness if during the 8- to 24-week covered period following loan disbursement:

- Employee and compensation levels are maintained in the same manner as required for the First Draw PPP loan;
- The loan proceeds are spent on payroll costs and other eligible expenses; and
- At least 60 percent of the proceeds are spent on payroll costs.

Targeted Eligibility

A borrower is generally eligible for a Second Draw PPP Loan if the borrower:

- Previously received a First Draw PPP Loan and will or has used the full amount only for authorized uses;
- Has no more than 300 employees; and
- Can demonstrate at least a 25% reduction in gross receipts between comparable quarters in 2019 and 2020.

[For additional information on PPP for Second Draw Loans, please click here.](#)

ADDITIONAL RESOURCES TO KNOW:

EMPLOYEE RETENTION TAX CREDIT

The Employee Retention Credit under the CARES Act encourages businesses to keep employees on their payroll. The refundable tax credit is 50% of up to \$10,000 in wages paid by an eligible employer whose business has been financially impacted by COVID-19. The Taxpayer Certainty and Disaster Tax Relief Act of 2020, enacted December 27, 2020, amended and extended the employee retention credit (and the availability of certain advance payments of the tax credits) under section 2301 of the CARES Act. For more information, **[please click here.](#)**

