

From: Gillian Conrad <gconrad@bchdmi.org>

Date: May 8, 2020 at 4:15:36 PM EDT

Subject: BCHD Partners COVID-19 Update: Week Ending May 8th, 2020

Hello Health Partners,

We hope you and your families are staying safe and healthy. Good health and the ability to stay safe at home are privileges we often take for granted. Remember to take a few moments each day to reflect on the positive things that happening in your life right now. We are grateful for all mothers everywhere and hope you are able to celebrate the mothers who have influenced your life this weekend.

Top 5 things to Know- May 8, 2020

1. Yesterday, Governor Gretchen Whitmer signed [Executive Order 2020-77](#) to extend Michigan's Stay Home, Stay Safe order to May 28. The Governor's order will allow manufacturing workers, including those at Michigan's Big 3 auto companies, to resume work on Monday, May 11 as part of her [MI Safe Start Plan](#). Governor Whitmer also detailed the six phases of her MI Safe Start Plan to re-engage Michigan's economy and has declared that we are in phase 3 (flattening). The PowerPoint used during Gov. Whitmer's Press Conference yesterday is can be found [here](#).
2. The Berrien County Health Department, Department of Economic Development, and Berrien County Emergency Operations Center contributed to the recent launch of a new website and resource providing guidance for businesses to consider as they plan for reopening their companies as Executive Orders allow. The entire plan, links, and resources can be viewed at www.BerrienReopens.org The full collaborative group consisted of additional leaders from Kinexus Group, Southwest Michigan Regional Chamber of Commerce, and Cornerstone Alliance. Together, we have developed a framework of best practices and guidance to help companies not only get started but build confidence in employees and customers to respond to the COVID-19 pandemic. The framework has several components including having a Preparedness and Success Plan, having a workplace coordinator, clear responsibilities for supervisors and employees, and having workplace preventative measures to ensure health and safety of workers, customers, and the public. Check back in the coming days and weeks as more plans and content are developed!
3. With warmer weather here more people are venturing outside. As this is happening we want to reiterate the message that prevention still matters. COVID-19 is very much still present in our community and measures like social distancing, handwashing, and wearing facial coverings in public, are still needed. We understand that these complying with these measures have not been easy or fun, and many are itching to get back to a normal way of life. As a community working hard on these measures we have been able to flatten the curve but the curve is still present. We are not in a position to lax these measures just yet.

4. Remember that people who aren't displaying COVID-19-like symptoms could still be carriers of the virus. We have seen many confirmed cases of COVID-19 that are asymptomatic. Please protect others, especially our vulnerable populations: elderly, those with underlying health conditions, and those who have limited access to resources and care. Please do the following and encourage others to do the same:
 - Avoid close contact - Put distance between yourself and other people.
 - Cover your mouth and nose with a face covering when around others.
 - Wash your hands often with soap and water and avoid touching your face.
 - Clean and disinfect frequently touched surfaces.
5. May is [Mental Health Awareness month](#), and during this COVID-19 crisis, mental health is increasingly becoming a focus of attention. While 1 in 5 people will experience a diagnosable mental health condition in their lives, 5 out of 5 people will go through a challenging time that affects their mental health. There are simple things that every person can say or do to help the people in their life who are struggling to get through the tough times. As you are staying connected with your loved ones during this time, remember to practice active listening, try not to minimize the other person's experience by making comparisons, and ask how you can support them and their mental health. A strong social support system improves overall mental health outcomes and our ability to bounce back from stressful situations.

The following community resources are still available to answer your questions:

- Berrien County Health Department COVID-19 hotline: 1.800.815.5485
- InterCare COVID-19 hotline: 1.855.869.6900
- Spectrum Health Lakeland online screening tool: get real-time virtual answers to general COVID-19 questions using the chatbot on www.spectrumhealth.org/covid19. Spectrum's free virtual screening over the phone: anyone in Michigan that is having COVID-19 symptoms such as fever and cough with or without difficulty breathing can schedule a free virtual screening by calling 616.391.2380. If they have severe or life-threatening symptoms, they should call 911.
- COVID-19 Data Dashboard for Berrien County can be found at www.bchdmi.org/COVID19.

This situation may change quickly. Keep referring to these sites for current information:

Berrien updates: <http://www.bchdmi.org>

Michigan updates: www.michigan.gov/coronavirus

National updates: <http://www.cdc.gov/COVID19>

Information as current as May 8, 2020.

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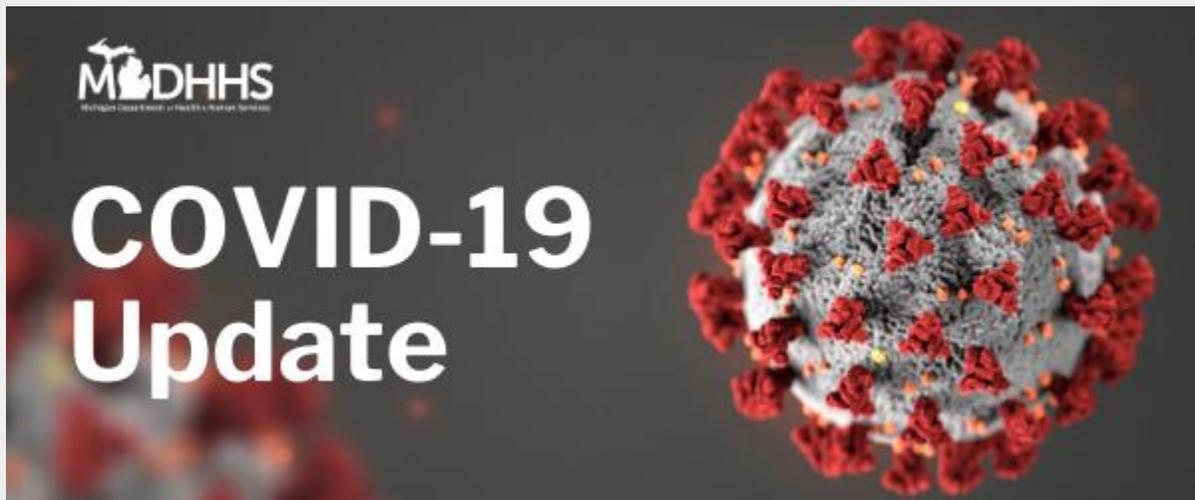
gconrad@bchdmi.org

From: Michigan Department of Health and Human Services <MDHHS@govsubscriptions.michigan.gov>

Sent: Friday, May 8, 2020 12:03 PM

To: gconrad@bchdmi.org

Subject: COVID-19 Update: Stay Home, Stay Safe order extended & manufacturing reopens as part of MI Safe Start Plan



The COVID-19 Update provides the latest news and resources to help community partners plan, prepare, and respond to the coronavirus outbreak.

Video: [May 7 Press Conference](#)



Latest News

[Governor Whitmer extends Stay Home, Stay Safe order, reopens manufacturing as part of her MI Safe Start plan](#)

Governor Gretchen Whitmer signed Executive Order 2020-77 to extend Michigan's Stay Home, Stay Safe order to May 28. The governor's order will allow manufacturing workers, including those at Michigan's Big 3 auto companies, to resume work on Monday, May 11 as part of her MI Safe Start Plan.

[Governor Whitmer details six phases of her MI Safe Start plan](#)

Governor Gretchen Whitmer detailed the six phases of her MI Safe Start Plan to re-engage Michigan's economy. The governor has worked with leaders in health care, business, labor, and education to develop the plan, and announced that Michigan is in phase three.

[New COVID-19 health care jobs portal launched as increased need for COVID-19 care continues](#)

MDHHS and LEO teamed up to launch a new portal on Pure Michigan Talent Connect, the state's labor exchange system, that makes it easier for health care professionals to apply for jobs that provide lifesaving care to COVID-19 patients.

[MDHHS and LEO partner to help low-income college students enrolled in career and technical education programs to receive food assistance](#)

Close to 90,000 low-income college students in Michigan who are enrolled in a career or technical education programs are eligible to receive food assistance benefits through a new State of Michigan initiative effective this week.

[MDHHS receives \\$25 million from CARES Act; Funds will help aging residents during COVID-19 pandemic](#)

Michigan will help its aging adults stay healthy and live independently with nearly \$25.3 million received from the federal Coronavirus Aid, Relief, and Economic Security (CARES) Act.

Take Action How You Can Help

[Volunteer & Donation Opportunities](#)

You can make a difference to fight and slow the spread of COVID-19. Your time, talent and donations will have an impact now.

[Find a Job in Health Care](#)

Health care organizations across Michigan are hiring full-time, part-time, and temporary staff to respond to the COVID-19 pandemic.

Resources

[Mental Health Resources](#)

If you're feeling emotional distress caused by COVID-19, this page offers many ways you can connect to emotional-support services without leaving home.

[COVID-19 Test Finder](#)

Get information on coronavirus testing near you.

[How to Wear a Face Covering](#)

Recommendations for the general public about how to use face coverings in the safest and most effective way.

[Deaf & Hard of Hearing Tool](#)

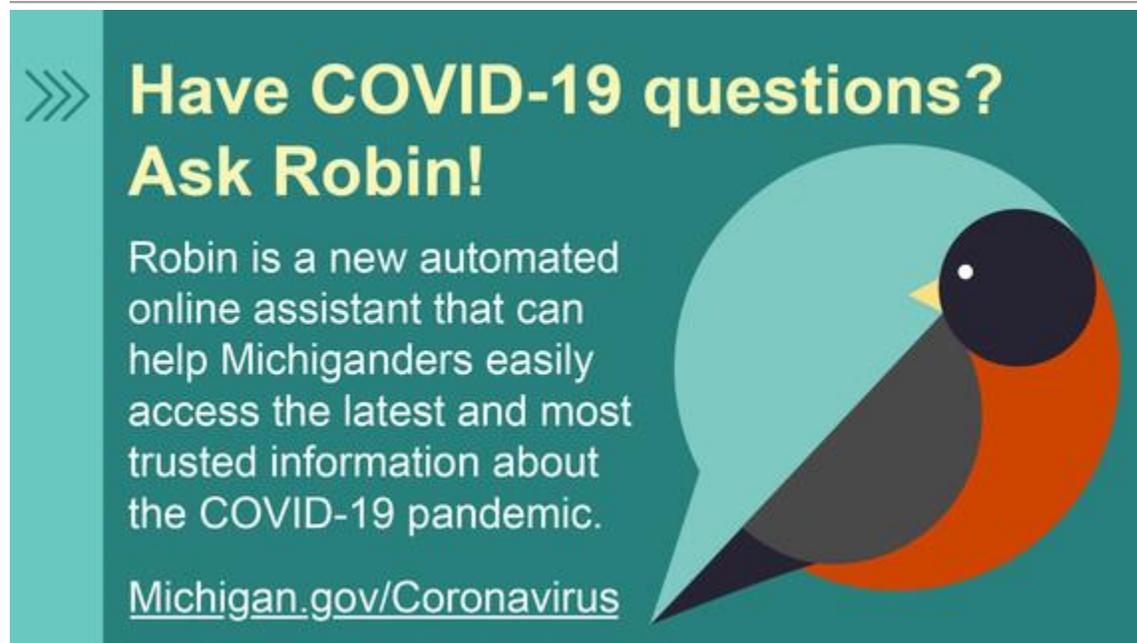
Visual COVID-19 tool for deaf and hard of hearing.

Frequently Asked Questions (FAQs)

MDHHS has put together frequently asked questions about the coronavirus disease that will continue to be updated as more information becomes available.

Executive Orders & Directives

An updated list of the COVID-19 Executive Orders and Directives.



»» **Have COVID-19 questions?
Ask Robin!**

Robin is a new automated online assistant that can help Michiganders easily access the latest and most trusted information about the COVID-19 pandemic.

Michigan.gov/Coronavirus





**CHILD CARE &
SCHOOL ADMINS**



**EMPLOYERS
& WORKERS**

For the most current information, please visit Michigan.gov/Coronavirus.



If this email was forwarded to you and you would like to receive updates from MDHHS directly, please sign up [here](#).

If you have questions, please [Contact Us](#).